



CAMHS CAFÉ Emotional support group for parents with children with special needs
(without Autism) known to CAMHS



The group is a chance to meet other parents of children with special needs. There will also be an opportunity to meet with a CAMHS clinician individually for 20 minutes to discuss anything specific that's on your mind about your child.

At each CAMHS cafe, there will be a chance to think together about strategies for you to use at home. The play specialist will also be available to support play and to offer the Toy Library for the children.

The emotional support group runs *the last Monday of the month* from 10am to 12pm at Hackney ARK.

Monday 26th September 2016

Monday 31st October 2016

Monday 28th November 2016

Unfortunately we cannot provide a crèche but children are welcome to join the informal meeting.

Please call the CAMHS Team on 0207 014 7071 to find out more.