



Hackney MST Team

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Hackney MST Team – Guidance for referrers

- Hackney Multi-Systemic Therapy (MST) team is a multi-agency initiative (Social Services, CAMHS, YOT and the Learning Trust)
- The MST team's clinical staff are all qualified mental health professionals and the team is line managed through the East London NHS Foundation Trust's Child & Adolescent Mental Health Service.
- MST is an evidence-based intervention for young people at risk of entering custody or care. It is anticipated that the Hackney team will focus mainly on young people at risk of entering custody, whereas the majority of young people at risk of entering care will best be seen by Social Services' Rapid Response Team.
- MST is an intensive (daily contact) community-based intervention, supported by 24 hour telephone support. MST is time-limited and interventions will be no longer than 6 months. The MST therapist works as a 'one-stop shop' for the family, meaning that we would not normally expect other services to be actively involved with the family at the same time.

Inclusion Criteria: Young person aged 11-17 years
 Young person at risk of custody or care
 Young person living in a family setting
 Family home suitable for home visiting by lone worker

Exclusion criteria Young person actively psychotic or suicidal
 Young person with learning disabilities or autistic spectrum disorders which would impact on delivery of MST program.
 Family home unsuitable for visiting by lone worker.

If you are aware of a young person who might benefit from a referral to the MST team, pls contact Dr. Jenny Taylor, MST Team Manager, on 0208 525 4875 to discuss. Referrals from Social Services or the Learning Trust will need to be approved at the JARP.